

**International Board Certified Lactation Consultants in Saskatchewan**

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| **Name:** Janelle Amyotte  **City/Town:** Prince Albert  **Phone #:** 306-765-6506  **Email:** [WeBreastfeed@paphr.sk.ca](mailto:WeBreastfeed@paphr.sk.ca)  **Website:** on Facebook at Prince Albert Lactation Services  **Practice areas:** In hospital, Community  **Comments:** We have an office at the Public Health Office (2nd floor - McIntosh Mall building) We offer  clinics by appointment 2 days per week. Specialize in thorough assessment of oral structure and function, and creative problem solving with parents to meet their feeding goals. Janelle is also an Orofacial Myologist |
| **Name:** Ashlee Bridge  **City/Town:** Saskatoon  **Phone #:** 306-716-7664  **Email:** agradkow@gmail.com  **Practice areas: In hospital, Community**  **Comments:** |
| **Name:** Linda Cheston  **City/Town:** Regina  **Business Name/Health Region:** Linda Cheston, IBCLC  **Phone #:** 306-586-0471  **Email:** cheston@sasktel.net  **Practice areas: Private Practice**  **Comments:** I have been an LC in private practice for 30 years, re-accrediting in 2017 by continuing education.  I special in latch and positioning using a different position than most others, priding myself on making both mother and baby comfortable. I also specialize in problem solving, working by phone and in person with women all over this province |
| **Name:** Elizabeth Couture  **City/Town:** Saskatoon  **Email:** Elizabeth.Couture@saskhealthauthority.ca  **Practice areas: In hospital, Community**  **Comments:** I work at RUH and with Healthy and Home |
| **Name:** Madison Fentiman  **City/Town:** Saskatoon, SK  **Phone #:** 306-241-0797  **Practice areas: Community**  **Comments:** Healthy and Home |
| **Name:** Hanna Hanowski  **City/Town:** Regina  **Phone #:** 306-585-0971 or 306-531-4755  **Email:** hhanowski@gmail.com  **Practice areas: In hospital, Community, Private Practice**  **Comments:** Willing to consult outside of city, max 100km |
| **Name:** Audra Wright-Hoffman  **City/Town:** Saskatoon  **Phone #:** 306-655-4860/306-655-4806  **Email:** Audra.Wright-Hoffman@saskhealthauthority.ca  **Website:**  **Practice areas: Community**  **Comments:** Healthy and Home and The Breastfeeding Centre |
| **Name:** Sherri Healey  **City/Town:** Rosetown  **Phone #:** 306-882-2672 ext 2286  **Email:** sherri.healey@@saskhealthauthority.ca  **Website:** Heartland Health Region  **Practice areas: Community**  **Comments:** I provide support to clients in their own homes or at my office located at the community health services building in Rosetown.  I am currently the only IBCLC practicing in Heartland Health Region and will provide home visits/telephone calls for any client needing additional support located in our health region.  I also accept referrals from physicians, RNNP’s, hospitals, public health nurses or as a self-referral for any client they deem as needing extra support and assistance. |
| **Name:** Dr. Shela Hirani  **City/Town:** Regina  **Phone #:** 780-707-5997  **Email:**sh[ela.hirani@gmail.com](mailto:ela.hirani@gmail.com); [shela.hirani@uregina.ca](mailto:shela.hirani@uregina.ca)  **Website:**[https://www.linkedin.com/in/dr-shela-hirani-3b865118/](https://na01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.linkedin.com%2Fin%2Fdr-shela-hirani-3b865118%2F&data=04%7C01%7C%7Cc9e9a79599bb4ec9bfe208d9e7659a3a%7C84df9e7fe9f640afb435aaaaaaaaaaaa%7C1%7C0%7C637795245852795096%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=O%2FEhgXbV56EDbrL5qgqqHlZvNcJZDhp9mfjter%2BOYL8%3D&reserved=0)  **Practice areas:** Community, Private Practice  **Comments:** I am a Registered Nurse and an IBCLC based in Saskatchewan. I provide lactation counselling face-to-face or via zoom (by appointment only). Accommodation is available for mothers who are interested in receiving prenatal or postnatal breastfeeding counselling in different languages. |
| **Name:** Jolene Hogg  **City/Town:** Moose Jaw  **Phone #:** 306-691-1615  **Email:** jolene.hogg@@saskhealthauthority.ca  **Practice areas: Community**  **Comments:** PHN |
| **Name:**Anita Kehler  **City/Town:**Carlyle  **Business Name/Health Region:** Saskatchewan Health Authority  **Phone #:** (306)453-6131  **Email:**[anita.kehler@saskhealthauthority.ca](mailto:anita.kehler@saskhealthauthority.ca)  **Website:**  **Practice areas:** Community  **Comments:** I work in Public Health |
| **Name:** Hilary Keller  **City/Town:** Saskatoon, SK  **Phone #:** (306) 341 -1479  **Email:** [nourishlactationconsultant@gmail.com](mailto:nourishlactationconsultant@gmail.com)  **Website:**  [https://nourishlactationsupportservices.com](https://nourishlactationsupportservices.com/)  **Practice areas: In hospital, Community, Private Practice**  **Comments:** I am an RN and IBCLC working on Labor & Delivery, Postpartum & Healthy and Home. I also own and operate Nourish Lactation Support Services, a private practice based out of Saskatoon offering personal 1:1, in home, pre and post-natal lactation consultations. |
| **Name:** Shelly Kittler  **City/Town:** Moose Jaw  **Phone #:** 306-691-1515  **Email:** shelly.kittler@@saskhealthauthority.ca  **Practice areas: Community**  **Comments:** I practice in community and through our Breastfeeding Clinic at Public Health |
| **Name:** Cindy Leclerc  **City/Town:** Saskatoon, SK  **Business Name/Health Region:** Cindy + Jana Health Resource and Saskatchewan Health Authority  **Phone #:** 306-716-1034  **Email:** c.leclerc@cindyandjana.com  **Website:** cindyandjana.com  **Practice areas: Community, Private Practice**  **Comments:** |
| **Name:** Catherine Lys  **City/Town:** Regina  **Phone #:** 306-766-3700  **Email:** catherine.lys@@saskhealthauthority.ca  **Practice areas: Community**  **Comments:** I work with Maternity Visiting Program. I see clients in Regina and surrounding communities through in-person home visits or in the Maternity Visiting Program office at the Regina General Hospital from birth until 2 months of age. |
| **Name:** Tonia Olson  **City/Town:** Saskatoon, SK  **Phone #:** 306-655-4843  **Email:** tonia.orlson@@saskhealthauthority.ca  **Practice areas: Community** |
| **Name:** Chelsea Oosterlaken  **City/Town:** Saskatoon  **Phone #:** 306-227-2016  **Email:** chelseaoosterlaken@hotmail.ca  **Practice areas: In hospital, Community**  **Comments:** RUH postpartum and Healthy and Home |
| **Name:** Jody Reed  **City/Town:** Regina  **Phone #:** 306-766-3700  **Practice areas: Community**  **Comments:** I work in Maternity Visiting Program and see clients from birth to 14 days of age. |
| **Name:** Heidi Russell  **City/Town:** Yorkton, SK  **Phone #:** 306-786-0625  **Email:** [heidi.russell@saskhealthauthority.ca](mailto:heidi.russell@saskhealthauthority.ca)  **Practice areas: Community**  **Comments:** I work in Early Visiting Program and can also be reached through the Yorkton Breastfeeding Matters Facebook Group. |
| **Name:** Ashleigh Schmalz  **City/Town:** Shellbrook  **Phone #:** 306-765-6506  **Email:** Ashleigh.schmalz@saskhealthauthority.ca  **Practice areas: In hospital , Community**  **Comments:** We have an office at the Public Health Office (2nd floor - McIntosh Mall building) We offer  drop-in clinics twice per week as well as appointments for initial consults. |
| **Name:** Karly Simpson  **City/Town:** Lumsden, SK  **Phone #:** 306-766-6566  **Email:** karlyhsimpson@gmail.com  **Practice areas: In hospital , Community**  **Comments:** I work as a NICU nurse as well as casual in community |
| **Name:** Melanie Singh  **City/Town:** Regina  **Phone #:** 306-766-6566  **Email:** melanie.singh@@saskhealthauthority.ca  **Practice areas: In hospital**  **Comments:** Regina General Hospital |
| **Name:** Shannon Skinner  **City/Town:** Regina  **Business Name/Health Region:** Mother Baby Unit at Regina General Hospital  **Phone #:** 306-766-6566  **Practice areas: In hospital**  **Comments:** |
| **Name:** Kim Smith  **City/Town:** Regina, serving Southern Saskatchewan  **Business Name/Health Region:** Kim Smith  **Phone #:** 306-550-6143  **Email:** [kim@kimsmith.org](mailto:kim@kimsmith.org)  **Website:** http://www.kimsmith.org/  **Practice areas: Private Practice**  **Comments:** I can see clients in their home or in my office at Pasqua South Medical Centre |
| **Name:** Connie Smuk  **City/Town:** Swift Current  **Phone #:** 306-778-5291  **Email:** connie.smuk@saskhealthauthority.ca  **Practice areas: Community**  **Comments:** Lactation clients are seen in office and at home visits. Call for an appointment.  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **Name:** Jana Stockham  **City/Town:** Saskatoon  **Business Name/Health Region:** Saskatchewan Health Authority/Cindy + Jana Health Resource  **Phone #:**306-655-4860  **Email:** [jana.stockham@saskatoonhealthregion.ca](mailto:jana.stockham@saskatoonhealthregion.ca)  **Website:** www.cindyandjana.com  **Practice areas: Community and Private**  **Comments:** Healthy and Home and the Breastfeeding Centre |
| **Name:** Pamela West-Sharp  **City/Town:** Prince Albert  **Phone #:** 306-765-6266  **Practice areas: In hospital**  **Comments:** I practice on the Obstetrics unit at the Victoria hospital in Prince Albert |
| **Name:** Kerry Williams  **City/Town:** Saskatoon  **Phone #:** 306-715-0979  **Email:** [rootedlactation@gmail.com](mailto:rootedlactation@gmail.com)  **Website:** [www.rootedlactation.ca](http://www.rootedlactation.ca)  **Practice areas: In hospital, Community, Private Practice**  **Comments:** RN, bilingual (French) |
| **Name:** Vanessa Zanidean  **City/Town:** Swift Current  **Phone #:** 306-778-9509  **Email:** vanessa.zanidean@@saskhealthauthority.ca  **Practice areas: In hospital**  **Comments:** |
| **Name:** Kate Wilson  **City/Town:** Regina  **Phone #:** 306-527-0086  **Email:** [katey\_4@hotmail.com](mailto:katey_4@hotmail.com), [kate.wilson@rqhealth.ca](mailto:kate.wilson@rqhealth.ca)  **Practice areas: In hospital, Community**  **Comments:** I work as an RN in Public Health and on L&D |
| **Name:**  **City/Town:**  **Business Name/Health Region:**  **Phone #:**  **Email:**  **Website:**  **Practice areas: In hospital, Community, Private Practice**  **Comments:** |
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